

SWEAT FOR A CURE

A HIGH Fitness Fundraising Guide

01

PLAN YOUR CLASS

Set a date, time, and location to host your HIGH Fitness Sweat for a Cure class. We encourage you to host your class from May 1 to June 15.

02

CONNECT WITH US

Create your class page under the HIGH Fitness team page and feature it on the Huntsman Cancer Foundation SportsFest website. Start adding your donations and help HIGH Fitness reach its group fundraising goal!

03

PROMOTE YOUR EVENT

Tell your students and post on social media to spread the word that you are helping to eradicate cancer. Remember to tag @HuntsmanCancerEvents and @HuntsmanCancerInstitute.

04

MAKE IT FUN

Pick a theme, dress up, or hold a raffle with fun prizes. The sky is the limit when it comes to sweating for a cure.

05

GET YOUR HIGH FITNESS ON

You've planned and prepped; now it is time to get HIGH, enjoy the day, and raise funds for the mission of Huntsman Cancer Institute.

06

SHARE YOUR SUCCESS

Post on social media about how you and your community are taking a stand against cancer. Don't forget to tag us!

100% of donations fuel the mission of Huntsman Cancer Institute.

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