



HUNTSMAN SPORTSFEST

2025 RIDE GUIDE
PRELIMINARY EDITION



Saturday, June 14 | Point-to-Point 140 and 104 miles | Out-and-Back 140, 80, 58, and 22 miles



SALEM START LINE – COURSE OPTIONS & MAPS

VIEW MAP

NEPHI LOOP 140 – Ride through the orchards in a loop around West Mountain then head south to Nephi before turning back north through Goshen Canyon, riding along Utah Lake, and Salt Lake City to the finish line at Fort Douglas.

Start time: 6:00 AM

Total Miles: 140

Elevation Gain: 4064 ft

VIEW MAP

WEST MOUNTAIN 104 – Ride through the orchards in a loop counter clockwise around West Mountain, head west to Elberta before turning north along Utah Lake, then ride Salt Lake City to the finish line at Fort Douglas.

Start time: 6:00 AM

Total Miles: 104

Elevation Gain: 2910 ft



SALT LAKE START LINE – COURSE OPTIONS & MAPS

VIEW MAP

OUT-AND-BACK 140 – Ride through Salt Lake and down the west side of Utah Lake to Elberta and then back to the finish.

Start time: 6:00 AM
Total Miles: 140
Elevation Gain: 3871 ft

VIEW MAP

OUT-AND-BACK 80 – Ride from Fort Douglas to a lunch stop at Lake Mountain Middle School, then back to the finish.

Start time: 7:30 AM
Total Miles: 80
Elevation Gain: 2856 ft

VIEW MAP

OUT-AND-BACK 58 – Ride from Fort Douglas to feed zone at Vintage Park in Bluffdale, then back to the finish.

Start time: 7:30 AM
Total Miles: 58
Elevation Gain: 2233 ft

VIEW MAP

OUT-AND-BACK 22 – Follow the same route as the other distances to a turn-around point at Knudsen Park in Holladay.

Start time: 8:30 AM
Total Miles: 22
Elevation Gain: 883 ft





RELAY TEAM INFORMATION

- Cyclists that want to “relay” the Huntsman SportsFest Ride have the option of riding as 2, 3 or 4 person teams.
- Relay team transitions are **ONLY** allowed at the locations noted below and within the feed zone area. Please see course maps for driving directions and location of vehicle parking.
- Relay transitions must occur while both cyclists are stopped and off the road. Cyclists should use extra caution when re-entering the road.
- Relay team vehicles should access transition zones by driving on roads **NOT** used by cyclists wherever possible.
- Transition zone options and mileage:

NEPHI LOOP 140

[VIEW MAP](#) - LEG 1: Salem to Nephi

Leg Miles: 49
Elevation Gain: 1769 ft
Leg Finish Location: Juab High School

[VIEW MAP](#) - LEG 2: Nephi to Elberta

Leg Miles: 23
Elevation Gain: 403 ft
Leg Finish Location: Elberta Park

[VIEW MAP](#) - LEG 3: Elberta to Saratoga Springs

Leg Miles: 30
Elevation Gain: 511 ft
Leg Finish Location: Lake Mountain Middle School

[VIEW MAP](#) - LEG 4: Saratoga Springs to Finish

Leg Miles: 40
Elevation Gain: 1655 ft
Leg Finish Location: Fort Douglas, Finish Line



CYCLIST INFORMATION

WHAT'S IN YOUR RIDER PACKET?

Everyone will receive the following in their rider packet:

- A bib number and pins - to be worn on your back
- A wristband to be worn on either wrist to get you in to the feed zones, water stops, and lunch stop
- Event waivers - all cyclists are required to complete and sign before riding
- Any earned fundraising incentives
- Sponsor goodies!

WRISTBANDS

Each rider will receive a wristband with the phone number of the Event Command Center. Should you need any assistance, please call this number (**801.581.3332**) and a SAG vehicle will be deployed to you. For emergencies, always call 911 first.

COURSE SUPPORT

Organizers will provide feed zone/water stops, medical, mechanical, and SAG support for all distances. Professional bike mechanics will be available at key feed zones along the ride routes. SAG may be subject to delayed returns.

CUTOFF TIMES

Ride organizers reserve the right to ask "behind time" participants to SAG forward (no exceptions). Cut-off times noted on the Feed Zone and Water Stop Summary page.

DROPPING FROM THE RIDE

While we don't like to consider it, some cyclists will not finish the Huntsman SportsFest Ride . If you drop out, please either notify the Command Center (phone number on wristband), a feed zone volunteer, or a SAG/HAM radio vehicle. Tell them your bib number. We want to be sure we account for everyone on course or leaving the ride route.

TRASH AND RECYCLING

There will be trash and recycling bins at all feed zones, water stops, and at the start/finish lines. Please discard trash in the appropriate container. We need your help keeping the course and community clean throughout the event.



CYCLIST INFORMATION (CONT.)

PORTABLE TOILETS

Public urination is a common concern at cycling events and jeopardizes the permit process for ride organizers around the country. The Huntsman SportsFest Ride will have restrooms and/or portable toilets available at every feed zone. Please wait, and use these toilets. Out of respect for the communities we travel through, cyclists should not “relieve” themselves before reaching a feed zone.

LOST AND FOUND (DROPPED ITEMS)

Dropped and/or lost and found items will be taken to the closest feed zone. Unclaimed items will be taken to the finish line by the sweep vehicle. Items of more value than a water bottle will be held at HCF offices for one month and then donated to good will.

FEED ZONES

All Feed Zones will be stocked with food, ice water, hydration drink mix, energy bars, bananas, orange slices, various snacks, and of course volunteer support. Food selection may vary by location.

FINISH LINE FESTIVITIES

Our finish line will be entertaining for both riders and their families! There will be music, sponsor booths, food and drink vendors (free for cyclists), and other festivities. It's sure to be a huge celebration!





CYCLIST SAFETY GUIDELINES

PLEASE TAKE THE TIME TO READ THE SAFETY GUIDELINES IN THEIR ENTIRETY. MOST CRASHES ARE AVOIDABLE AND EACH RIDER IS RESPONSIBLE FOR HIS OR HER OWN SAFETY AND THE SAFETY OF THOSE RIDING AROUND YOU.

OPEN COURSE EVENT: The Huntsman SportFest Ride is an open course road ride. There are rail road crossings, potholes, obstacles, cattle guards, automobiles, traffic lights, signs, and road construction, etc.

OBEY THE RULES OF THE ROAD: All cyclists are asked to obey all the rules of the road, including, but not limited to stopping at all traffic lights and stops signs, etc.. Cyclists are not to ride more than two abreast and must not impede traffic if doing so.

HELMETS MANDATORY: All riders must wear a protective, securely fastened helmet that meets either the US DOT helmet standards or the U.S. Consumer Product Safety Commission (CPSC) standard for bicycle helmets.

POINTING OUT OBSTRUCTIONS AND SIGNALING TO ONE ANOTHER: This is extremely difficult because one man's obstruction is another man's pebble. Please help point out to other riders around you: rocks, manholes, potholes, debris, and gravel. It's not just about courtesy but, more importantly, it's about safety.

SIGNALING YOUR INTENTIONS TO RIDERS BEHIND OR BESIDE YOU: Be sure to signal your intentions to those around you. Especially if you are at high speeds and in large groups, sudden braking or shifting around the road could harm not only yourself, but others around you.

HOLD YOUR LINE: Swerving is a recipe for disaster. There is a need for all riders to keep your lines straight and true. Just like in a vehicle, there's nothing more disconcerting than being the behind a person who's constantly moving from right to left and back again. Quick side-to-side or swerve movements around a manhole cover or other minor obstruction can hurt you or others and/or put you in the way approaching vehicles.

DON'T CROSS WHEELS WITH THE BIKE IN FRONT OF YOU: It goes without saying but, this is the cause of nearly all crashes. Please be aware of rider's speeds and watch for signaling that they may be slowing down or moving over.

RIDE AT YOUR OWN PACE: Please remember that the Huntsman SportsFest Ride is a ride NOT a race. If you find yourself struggling to keep up with a group of riders that may be a little bit faster and you're hammering just to hold your position at the back of the pack or, worse, to hold on in the middle of the pace line, consider dropping off the back. Please don't put yourself into a position where you could hurt yourself, or worse, hurt a fellow rider.

NO HEADPHONES/EARBUDS ALLOWED: Please know that headphones are not allowed in the Huntsman SportsFest Ride. Riding in a group can be tricky and if you are unable to be heard or hear, it puts you and others at risk.

NO AEROBARS ALLOWED: Riders using Aerobars tend to have less steering control, and are dangerous when riding near other cyclists, especially in larger groups.

PACING: Each year, several hundred cyclists participate in the Huntsman SportsFest Ride. You may find a new great group of friends that will be riding at your pace. If you are riding at a pace that is comfortable to you, you'll find the ride more enjoyable and everyone will finish without incident.



COURSE INFORMATION

ROAD CONSTRUCTION

The road construction schedule for 2025 will affect some roads used previously. Route detours may be necessary. It is important to note, the course maps currently published are subject to change due to road construction. The most recent and accurate course maps can always be found via the RideWithGPS.com links in the previous pages. These are always kept up-to-date with any necessary construction detours.





COURSE INFORMATION (CONT.)



COURSE SIGNS

Cyclists should look for event signs similar to the following as they ride. All turns are marked with at least one directional arrow. Feed zones, water stops, and turnaround points will also be identified as shown below. Signs are 12" wide by 30" tall.





SALEM START • FEED ZONE AND WATER STOP SUMMARY

NEPHI LOOP 140

			CUT OFF TIMES
Mile 26:	Genola Park Feed Zone	— 717 S Main St in Genola	8:00 AM
Mile 49:	Juab High Feed Zone	— Juab High School, 800 N 650 E in Nephi	10:00 AM
Mile 72:	Elberta Feed Zone	— Church Park/Pavillion in Elberta	12:00 PM
Mile 90:	Utah Lake Water Stop	— Pullout on Hwy. 68, 18 miles north of Elberta	2:00 PM
Mile 102:	Saratoga Springs Lunch Stop	— Lake Mountain Middle School in Saratoga Springs	3:00 PM
Mile 113:	Bluffdale Feed Zone	— Vintage Park Pavilion, 14160 Loumis Pkwy.	4:00 PM
Mile 131:	Holladay Feed Zone	— Knudsen Park Pavilion, 6293 S Holladay Blvd.	5:30 PM

WEST MOUNTAIN 104

Mile 26:	Genola Park Feed Zone	— 717 S Main St in Genola	8:00 AM
Mile 34:	Elberta Feed Zone	— Church Park/Pavillion in Elberta	12:00 PM
Mile 52:	Utah Lake Water Stop	— Pullout on Hwy. 68, 18 miles north of Elberta	2:00 PM
Mile 64:	Saratoga Springs Lunch Stop	— Lake Mountain Middle School in Saratoga Springs	3:00 PM
Mile 75:	Bluffdale Feed Zone	— Vintage Park Pavilion, 14160 Loumis Pkwy.	4:00 PM
Mile 93:	Holladay Feed Zone	— Knudsen Park Pavilion, 6293 S Holladay Blvd.	5:30 PM





SALT LAKE START • FEED ZONE AND WATER STOP SUMMARY

140-MILE out-and-back from SALT LAKE

			CUT OFF TIMES
Mile 29:	Bluffdale Feed Zone	— Vintage Park Pavilion, 14160 Loumis Pkwy.	see below
Mile 40:	Saratoga Springs Water Stop	— Lake Mountain Middle School, Saratoga Springs	10:00 AM
Mile 52:	Utah Lake Water Stop	— Pullout on Hwy. 68, 18 miles north of Elberta	see below
Mile 70:	Elberta Feed Zone	— Church Park/Pavillion, Elberta	12:00 PM
Mile 88:	Utah Lake Water Stop	— Pullout on Hwy. 68, 18 miles north of Elberta	2:00 PM
Mile 100:	Saratoga Springs Lunch Stop	— Lake Mountain Middle School, Saratoga Springs	3:00 PM
Mile 111:	Bluffdale Feed Zone	— Vintage Park Pavilion, 14160 Loumis Pkwy.	4:00 PM
Mile 129:	Holladay Feed Zone	— Knudsen Park Pavilion, 6293 S Holladay Blvd.	5:30 PM

80-MILE out-and-back from SALT LAKE

Mile 29:	Bluffdale Feed Zone	— Vintage Park Pavilion, 14160 Loumis Pkwy.	see below
Mile 40:	Saratoga Springs Lunch Stop	— Lake Mountain Middle School, Saratoga Springs	3:00 PM
Mile 51:	Bluffdale Feed Zone	— Vintage Park Pavilion, 14160 Loumis Pkwy.	4:00 PM
Mile 69:	Holladay Feed Zone	— Knudsen Park Pavilion, 6293 S Holladay Blvd.	5:30 PM

58-MILE out-and-back from SALT LAKE

Mile 29:	Bluffdale Feed Zone	— Vintage Park Pavilion, 14160 Loumis Pkwy.	4:00 PM
Mile 47:	Holladay Feed Zone	— Knudsen Park Pavilion, 6293 S Holladay Blvd.	5:30 PM

22-MILE out-and-back from SALT LAKE

Mile 11:	Holladay Feed Zone	— Knudsen Park Pavilion, 6293 S Holladay Blvd.	5:30 PM
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